



NEWSLETTER



FIRST FRIDAYS WITH THE CAPITAL MARKET

The City of Seat Pleasant, in collaboration with The Capitol Market, celebrated another successful First Fridays event on Friday, October 6, 2023. This vibrant occasion was made even more special by the introduction of Seat Pleasant's inaugural produce stand, a delightful addition to the festivities. What set this produce stand apart was its innovative and eco-friendly approach. At the heart of it was a human-powered bicycle, which required enthusiastic pedaling to generate energy and power the stand. This creative initiative not only showcased the city's commitment to sustainability but also encouraged active community involvement in a fun and engaging way. We look forward to more exciting and environmentally-conscious initiatives in the future!

RISE UP "BREAKING THE CYCLE OF DOMESTIC VIOLENCE"

The City of Seat Pleasant Mayor and City Council, alongside the Seat Pleasant Police Department, came together for the impactful "Rise Up: Breaking the Cycle of Domestic Violence" ceremony. This deeply significant event provided an opportunity to unite our community in addressing the crucial issue of domestic violence. The ceremony's purpose was twofold: to raise awareness of the challenges that our community faces regarding domestic violence and to highlight the available resources that can provide support and assistance to those who need it most.





SPPD NEWS

FOLLOW THE SEAT PLEASANT POLICE
DEPARTMENT ON INSTAGRAM, FACEBOOK,
TWITTER & TIKTOK @SPPDNEWS!



We are pleased to share a moment of pride and gratitude for the unwavering dedication and bravery displayed by K9 Theo, a valued member of our public safety team. Theo's heroic efforts in the line of duty have not gone unnoticed, and we have a special event to celebrate his resilience.

Theo's story is one of resilience and courage. He was injured in the line of duty, having been shot while selflessly serving our community. We are grateful to report that Theo made a remarkable recovery and is back to safeguarding our city with the same unwavering commitment.

In recognition of Theo's heroic service, Mayor Kelly Porter and the City Council have presented a proclamation to honor him. This proclamation is a symbol of our appreciation for Theo's dedication to public safety and his remarkable contributions to our community.

In a heartfelt ceremony, the Seat Pleasant Police Department recently shed light on the pressing issue of domestic violence in our community for Domestic Violence Awareness Month. The event served as a solemn reminder of the challenges faced by some of our neighbors and a call to action for us all. Your support and vigilance can make a significant difference in the lives of those affected by this issue.



SEAT PLEASANT POLICE

EXPLORER POST 1931

CHARACTER | INTEGRITY | HONOR | SERVICE | RESPECT | TRUST | DUTY

WEEKLY MEETINGS WILL BE HELD AT 6011 ADDISON ROAD SEAT PLEASANT, MD 20743

EXPLORING™
DISCOVER YOUR FUTURE

ARE YOU A PERSON OF

- LEADERSHIP?
- DISCIPLINE?
- PUNCTUALITY?
- GOOD CHARACTER?
- SELF-RESPECT?

JOIN OUR POLICE EXPLORERS PROGRAM!!

THE EXPLORERS PROGRAM IS A WORK-BASED TRAINING PROGRAM FOR YOUNG ADULTS. EXPLORERS INTERACT WITH POLICE OFFICERS, LEARN WHAT POLICE OFFICERS DO, AND BECOME A PART OF A FAMILY. THE MAIN FOCUS OF THE PROGRAM IS COMMUNITY SERVICE. EXPLORERS GO OUT INTO THE COMMUNITY AND INTERACT WITH STAKE HOLDERS, BUSINESS PARTNERS, ELECTED OFFICIALS, SWORN OFFICIALS AND MORE. THEY ULTIMATELY BECOME A POSITIVE MEMBER OF SOCIETY.

QUALIFICATIONS:

- ◆ MUST BE BETWEEN AGES 12-20
- ◆ MUST PASS CRIMINAL BACKGROUND
- ◆ MUST MAINTAIN A MINIMUM GPA OF 2.5
- ◆ MUST BE ABLE TO FOLLOW INSTRUCTIONS

How To Join

FOR MORE INFORMATION PLEASE CONTACT:

✉ COPS@SEATPLEASANTMD.GOV
☎ 301-499-8700 EXT: 3016

Explorer Post 1931 is here! Join us at 6301 Addison Road Seat Pleasant, Maryland 20743 on November 6th, 2023 at 6 pm for our open house!

The Explorers program is for young men and women interested in a future career in law enforcement, a career in the criminal justice system, or those interested in developing their personal & professional skills.

The Explorers Program is a work-based training program for young adults. Explorers interact with police officers, learn what police officers do, and become a part of a family. The main focus of the program is community service. Explorers go out into the community and interact with stakeholders, business partners, elected officials, sworn officials, and more. They ultimately become a positive member of society!

For more information, email us at cops@seatpleasantmd.gov or call 301-499-8700 extension 3016.



CITY MANAGER MESSAGE

As the fall season approaches, I would like to take a moment to share some exciting news about the efforts the City of Seat Pleasant's staff crew will be making to ensure a pleasant environment during the upcoming months.

Firstly, I am pleased to say that the Environmental Justice Department (EJD) has been actively doing routine maintenance on all fall and winter equipment as well as expanding ways to tackle seasonal issues such as leaf collections, pruning trees, and street sweeping on the main roadways around the city. We understand that fallen leaves can sometimes create inconveniences and mess, but rest assured, we are committed to keeping our streets and surroundings clean and beautiful.

This summer, the city resumed routine street sweeping on main roadways. In preparation for the 2024 City of Seat Pleasant Street Sweeping Season (March-October), EJD will be placing street sweeping signs on all streets to expand the service to all city streets. Our goal is to maintain a tidy and attractive environment for everyone to enjoy.

Additionally, we encourage community engagement and participation in keeping our neighborhoods clean. As residents receive visitors, please make them mindful of our commitment to keeping the city clean and enforcing the ordinances that support safe communities.

To ensure extra safety, the Seat Pleasant Police Department will be in full force to protect and serve the community, while promoting the City's largest community initiative "Trunk or Treat". "Santa with a Badge", and holiday food giveaways. Neighborhood and Commercial Compliance will be in full force to ensure we aren't seeing illegal dumps in our neighborhoods and that businesses are thriving by maintaining inviting atmospheres for customers to shop.

Your input is highly valued, and we are always open to creative solutions that benefit us all. If you have any suggestions, ideas, or concerns about community matters, please don't hesitate to reach out to me at administrator@seatpleasantmd.gov.

Together, let's make this fall and winter season a time of beauty, cleanliness, and community spirit. We appreciate your cooperation and support in our ongoing efforts to maintain a pleasant environment for all residents.

Wishing you a delightful autumn season ahead!


City Manager



FIRST FRIDAYS



This First Friday was truly exceptional as we welcomed the Capitol Market to offer our residents a delightful produce stand, brimming with fresh fruits and veggies. Mayor Kelly Porter and the City Council actively engaged with the Seat Pleasant community, making it an evening filled with fantastic music and valuable resources for everyone.



Mark your calendars for our last First Friday of 2023, happening on November 3, 2023 – you won't want to miss it!





WARD IV YARD SALE

PRESENTED BY WARD IV COUNCIL PRESIDENT GERALD
RAYNOR, SR AND
AT-LARGE COUNCILWOMAN SHIREKA MCCARTHY



In partnership with the Jopplin Committee, the City of Seat Pleasant presented the Ward IV Yard Sale. This exceptional event unfolded as a testament to the unbreakable bonds that tie the community of Ward IV together. With enthusiasm and excitement coursing through the streets, the Ward IV Yard Sale was not just a simple transaction of goods but a vibrant celebration of unity and shared purpose.

At its core, this event was a golden opportunity for the residents of Ward IV to rediscover the treasures within their own homes, unburden themselves of items they had been holding onto for far too long, and embrace the liberating feeling of decluttering. As each family set up their tables and displays, the air was infused with a spirit of renewal and rejuvenation.

Beyond the obvious practical benefits of tidying up our living spaces, the Ward IV Yard Sale displayed the vital importance of community in our lives. It's a reminder that our neighbors are not just those who live next door, but also those who share our dreams of a more organized and fulfilling life. The event served as a platform for people to engage in meaningful conversations and connections, forging friendships that can last a lifetime.

Community events like the Ward IV Yard Sale provide us with a unique opportunity to strengthen the bonds that hold our neighborhoods together. They're a powerful reminder of the importance of coming together, not just to buy and sell items but to support and uplift one another. It's in the smiles exchanged, the stories shared, and the sense of belonging that we find the true value of such gatherings.





PRAAYER BREAKFAST

PRESENTED BY WARD II, COUNCILWOMAN HOPE LOVE



Councilwoman Hope Love, once again illuminated the hearts and minds of residents with her annual Prayer Breakfast, which unfolded on the radiant morning of Saturday, October 14, 2023. This cherished tradition resonated even more profoundly as it pivoted its focus toward two indispensable aspects of well-being: geriatric care and mental health.



An event of this caliber couldn't have been more aptly titled, as it was indeed a "Prayer Breakfast" in the truest sense, invoking the spirit of unity, empathy, and togetherness. Councilwoman Love, extending her warm welcome, had the distinct honor of inviting two remarkable individuals, Giovanna Hunt and Jocelyn Hunt, who offered an array of invaluable resources to Seat Pleasant residents, thereby underscoring the commitment to providing comprehensive support to our cherished geriatric population. Their insights and guidance illuminated the path toward compassionate and knowledgeable geriatric care, emphasizing the importance of addressing the unique needs of our elderly citizens.



The morning was more than just an intellectual exploration; it was a harmonious celebration of the human spirit. The atmosphere was charged with soulful quartet performances that resonated in the hearts of attendees, filling the air with a melodious symphony of hope and inspiration. While the dulcet tones of the quartet lifted spirits, a delectable breakfast spread nourished both body and soul, exemplifying the idea that a thriving community embraces the full spectrum of human experience.



In this season of reflection and connection, we find renewed inspiration and gratitude for the efforts of Councilwoman Hope Love, the insights of Giovanna Hunt and Jocelyn Hunt, the soulful melodies of the quartet, the nourishment of a shared breakfast, and the solace of Elder Vivian England's prayer. We look forward to the bright future these shared efforts will undoubtedly bring to our wonderful community.

ENVIRONMENTAL JUSTICE



The City of Seat Pleasant's Environmental Justice Department has been dedicated to enhancing the beauty of our beloved city. Their efforts include clearing fallen tree branches, improving Goodwin Park, and conducting street sweeping, all aimed at creating a more vibrant and clean environment for our community.



Waste Management Schedule



Curbside Recycling
Tuesday
6:00 am

*Recycling must be placed outside before 6:00am on Tuesday



Trash collection
Monday and Thursday
6:00 am

*Trash must be placed outside before 6:00am on Monday and Thursday



Yard Waste/Bulk Trash
Wednesday
6:00 am

Bulk Pickup is by Appointment Only
Please Call 301-336-2600 or scan the QR code to schedule



VISIT OUR LIBRARY!



Bring your little ones to explore a world of imagination and knowledge right here in Seat Pleasant. Our Mini Library is filled with a wide assortment of children's books, covering various genres and reading levels.



VOLUNTEERS NEEDED!



JOIN US AND MAKE A DIFFERENCE IN THE CITY OF SEAT PLEASANT!

We are looking for dedicated individuals to join us in our mission to make a positive impact in our community.

Contact us today to learn more about this exciting volunteer opportunity.

REGISTER HERE!





NOVEMBER



HEALTH CORNER

November is recognized as Diabetes Awareness Month and serves as a vital reminder of the widespread impact of diabetes in the United States. It unites the nation in raising awareness about diabetes, emphasizing the importance of prevention, education, and support for those affected. This month promotes public education on diabetes risk factors, symptoms, and self-management, empowering individuals to make healthier choices. It also calls for nationwide support for diabetes research and advances in treatment. Together, we can work towards a future where diabetes is no longer a pervasive threat, offering hope and improved well-being for all.

Diabetes In **Prince George's County** as reported in 2021 by the Center for Disease Control (CDC):

9% (88,970) of residents have been diagnosed with diabetes.
6.6% (56,232) of residents have been diagnosed as pre-diabetic.

Diabetes prevention:

Eat more fresh fruit and vegetables, and other fiber-rich foods;
Incorporate regular physical activity into your lifestyle;
Have regular communications with your doctor about diabetes prevention and management.



The holiday season is a time of joy and celebration, but it can also be a time of stress and loneliness. As the weather changes, it's important to ensure that you and your neighbors are staying warm and safe. Checking in on your neighbors can be a great way to build community and help prevent isolation.

According to the Center for Disease Control, depression and suicide rates tend to increase in November and December.

It's important to prioritize your mental health during this time. Here are some tips to help you take care of yourself:

1. Stay connected: Reach out to friends and family members, especially if you're feeling lonely or isolated.
2. Get enough sleep: Aim for 7-8 hours of sleep each night.
3. Stay active: Exercise can help boost your mood and reduce stress.
4. Eat well: A healthy diet can help improve your mood and energy levels.
5. Manage stress: Try relaxation techniques like deep breathing, meditation, or yoga.
6. Seek help if needed: If you're struggling with depression or suicidal thoughts, don't hesitate to reach out for help.
- 7.

The National Suicide Network can be reached 24 hours a day, 7 days a week by calling 988.

Remember, taking care of yourself is just as important as taking care of others.
Stay safe and healthy this holiday season!



City Council Monthly Meeting Minutes & Legislation Action

Office of the City Clerk

October 2023

Legislation:

- Ordinance O-24-02 Amendment of Fiscal Year 2023-2024 Budget for NCC Division Transfer to Administration.

The Council did not move forward with the measure.

- Ordinance O-24-03, Amendment of Chapter 30-Personnel Appeals Board, Unapproved due to lack of second.
- Ordinance O-24-04, Amendment of Fiscal Year 2023-2024 Budget for Finance Department Increase and New Accounting Assistant Position and Administration Contingency Increase., Approved 5-2-0

Meeting Minutes:

The City Council approved the September 2023 Meeting Minutes on Monday, October 9, 2023:

- Regular Work Session Meeting Minutes for Tuesday, September 5, 2023, Approved 6-1-0
- Special Session Meeting Minutes, Saturday, September 9, 2023, Approved 7-0-0
- Closed Session Meeting Minutes, Saturday, September 9, 2023, Approved 7-0-0
- Special Session Meeting Minutes, Monday, September 11, 2023, Approved 7-0-0
- Closed Session Meeting Minutes, Monday, September 11, 2023, Approved 7-0-0
- Public Session Meeting Minutes for Monday, September 11, 2023, Approved 6-1-0
- Special Session Meeting Minutes, Monday, September 25, 2023, Approved 6-0-1
- Closed Session Meeting Minutes, Monday, September 25, 2023, Approved 6-0-1
- Special Session Meeting Minutes, Tuesday, June 20, 2023, Approved 5-0-1
- Closed Session Meeting Minutes for Tuesday, June 20, 2023, Approved 6-0-0

Boards and Commission Vacancy:

The City of Seat Pleasant has vacancies on the Personnel Appeals Board and Board of Supervisors of Election. We are seeking residents that have a desire to serve their community on these boards. Please submit your letter of interest and resume to the Office of the City Clerk by Thursday, November 30, 2023. We encourage our bilingual residence to apply. Seat Pleasant Board of Supervisors of Election is seeking a bilingual person to serve on the board. Please submit your letter of interest and resume to the City Clerk by Thursday, November 30, 2023. Copies of legislation and approved meeting minutes are on the City's website www.seatpleasantmd.gov or by contacting the City Clerk Dashaun N. Lanham, MMC directly on 301-336-2600

November

City Council Meetings

The City Council meeting link information for the month of November as follows:

Regular Work Session, Monday, November 6, 2023, at 6:00p.m. via Hybrid Zoom Meeting:

<https://us02web.zoom.us/j/82339980579?pwd=eFpOdGZiVy9yUUFjd01wSUx6bVJMZz09>

Public Session, Monday, November 13, 2023, at 7:00p.m. Hybrid Zoom Webinar:

<https://us02web.zoom.us/j/83543667469?pwd=SS9FWHBiSmFya2czaVM4c1VFZ1JVQT09>

When attending the council meetings and to review the agenda for any council meetings, please follow the below steps:

Step 1-Go to the city's website at www.seatpleasantmd.gov

Step 2-Go the Departments, drop down button, and select the City Clerk

Step 3-on the City Clerk page, go to BoardDocs to review the meeting agenda.

Please feel free to contact the Office of the City Clerk with any questions you may have regarding the above steps directly by e-mail at dlanham@seatpleasantmd.gov or by telephone on 301-336-2600.

All meetings are open to the public with citizen comments being taken in all Open Public Meetings. The City Council meetings are held in a hybrid version to allow the citizens to join either in-person or virtually. To join the meeting virtually, you are required to create a zoom account to have access to the hybrid meeting.





The City of Seat Pleasant

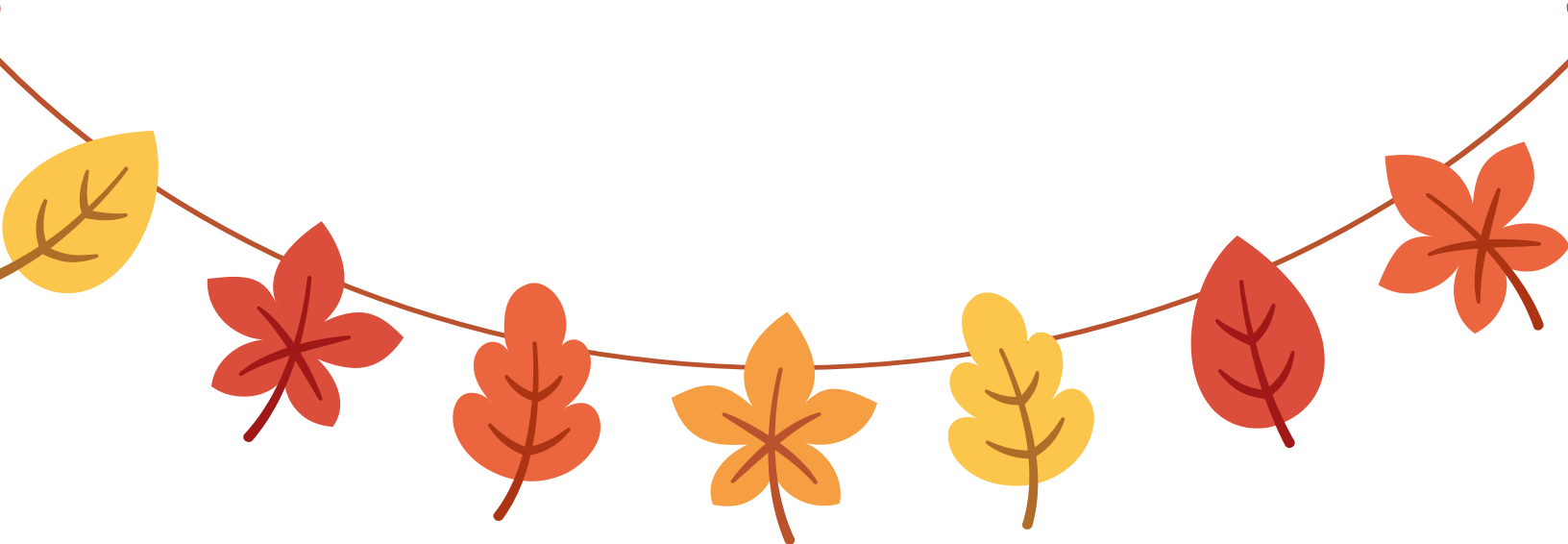
A Smart City of Excellence

**6301 Addison Road,
Seat Pleasant, MD 20743**

Phone: (301) 336-2600

Open weekdays 9:00 am to 5:00 pm

Email: engage@seatpleasantmd.gov



**The City of Seat Pleasant extends warm wishes for a joyful Thanksgiving to you
and your loved ones.**